

# MANUAL FOR THE PARENTS

NEONATAL AND PEDIATRIC ICU



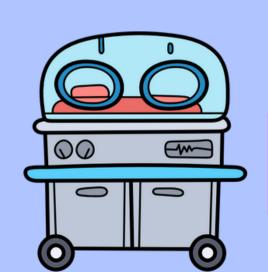
The NEONATAL ICU is a hospital unit with all its specialized staff for intensive support for newborns and the PEDIATRIC ICU for intensive care for children aged 28 days to 14 years.



It is the child's right to have a companion during hospitalization, and only the parents and/or legal guardian may remain in the ICU. In their absence, the child will be taken care of by our team.



In the ICU you will know some equipment that help us in the treatment of babies and children, such as a respirator, monitor, incubator, among others



ATTENTION TO EQUIPMENT. ONLY EMPLOYEES ARE AUTHORIZED TO HANDLE EACH OF THEM



#### O QUE VOCÊ PODE TRAZER

Objects for personal use: diaper, toothbrush, toothpaste, hairbrush, moisturizer. NOTE: Bring the minimum necessary and take care of your belongings, as the hospital will not be responsible for them.

#### O QUE VOCÊ NÃO PODE TRAZER



Food for you or the child, as each patient has a diet prescribed by the doctor and monitored by the nutritionist;

Pillows, plush toys, comforter and flowers.



#### O QUE VOCÊ PODE FAZER

Helping with bathing, changing diapers and clothes, playing, singing, following exams/dressings.

NOTE: Sleep is part of the treatment and is important for recovery. Respect your child's sleep schedule and take the opportunity to rest too.

#### O QUE VOCÊ NÃO DEVE FAZER

Visit other patients admitted to the ICU or other hospital wards to avoid cross-contamination;

Using a cell phone inside the room – preserve your child's image, do not share photos. Photos will be taken exclusively by psychology and passed on to parents;

Working with equipment, controlling serum and oxygen.

## MEDICAL<br/>INFORMATION:

Information on clinical evolution, treatment and prognosis is provided personally, every day by the doctor, only to parents and legal guardians, at the time of the medical evaluation (no information is provided over the telephone).



#### **Visitins Hours:**

NEONATAL UCI: 10am to 11h AND 16pm to 17pm Allowed one visitor per patient + mother

PEDIATRIC UCI: 10am to 11pm and 16h às 17pm Allowed one visitor per patient

## RECOMMENDATIONS TO RESPONSIBLE:

\_ Remember that you are in a hospital;

Keep the place you use clean and tidy,
 wash your hands frequently and use gel alcohol,
 avoid accumulating objects, notify the nursing staff
 whenever you need to go out;
 It is forbidden to smoke in any dependency of the

- Keep silent at the times you are in the ICU;

hospital;

- Do not use a cell phone in bed, as it can interfere with the functioning of the equipment;

- Companions must remain exclusively inside the patient's box;

- Access to other hospitalized patients is prohibited and do not transit in the sector;

- Do not manipulate ICU devices.



#### MEET OUR TEAM:



#### HOSPITALAR PSICOLOGIST

It offers active listening and embracement for both patients and family members.



#### **NEONATOLOGIST**

Doctor
specializing in
newborn babies
(up to the 28th
day of age). It acts
on dysfunctions
that require
intensive
specialized care,
such as
premature babies



#### PHYSIOTHERAPY

Works with rehabilitation, motor exercises and respiratory issues of children and babies.



#### INTENSIVIST PEDIATRICIAN

Physician
specializing in
the Pediatric
ICU. Critical care
pediatricians
who treat
children and
adolescents who
require
intensive care.



#### NURSING

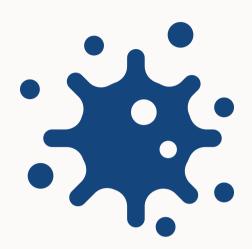
Plans, organizes and executes the activities of the nursing team.



#### SPEECH THERAPIST

Performs
evaluation
and when
necessary,
monitoring of
swallowing
of the patient and
breastfeeding
issues.

#### **DISCOVER OUR SERVICES AND TEAM:**



### SCIH HOSPITAL INFECTION CONTROL SERVICE

Sector that controls and prevents nosocomial infection, composed of an infectologist and specialist nurses..



#### SANITATION

Ensures, within the rules of the SCIH, the care and hygiene of the rooms and environments of the hospital.



#### SOCIAL WORKER

It performs
reception
through
qualified
listening and
articulates
actions that
promote
access to
social rights.



#### NUTRITION

It aims to provide the necessary nutritional support for the patient during hospitalization.



They welcome companions, ensuring their identification, informing the rules for visits and companions, for patient safety.



## NEONATAL AND PEDIATRIC ICU

TAKING CARE OF YOUR GREATEST TREASURE WITH LOVE!

